



Highlights IPSA Conference Florence 8-11 April 2026

1. Attendance

599 people registered for the meeting from 59 different countries.

2. Awards.

Impact on Pediatric Sleep Award

The impact on Pediatric Sleep Award is (IPSA) a grant program designed to foster clinical research focused on unique and and/or novel aspects of sleep in infants, children and adolescents, and to encourage the development of community sleep education programs targeting the pediatric population. This competitive award will provide \$10,000 (USD) in funding for a one-year project.

Ying Dai (Hong Kong)

Simulating Sleep Health Communication for Diverse Families: A Large Language Model Agent-Based Approach to Optimizing Pediatric Sleep Education in Hong Kong Low- and Middle-Income Communities

IPSA New Investigator Awards

This award recognizes new investigators in pediatric sleep. Oral abstract award winners receive a grant of up to \$1,000 to support their travel to present at IPSA 2026 Florence and free registration to the congress.

Neemias Santos Carneiro (Brazil)

Comparison between Chan-Parikh and IPSES scales in predicting persistent pediatric obstructive sleep apnea after adenotonsillectomy

Presented in: O-02: Pediatric sleep disordered breathing: Mechanisms, outcomes, and interventions

Gaia Burlando (Italy)

Early sleep-EEG dynamics reflect cortical maturation and predict neurodevelopmental trajectories in preterm infants

Presented in: O-03: Sleep and neurodevelopment in pediatric neurology

Christian Guillemineault Young Investigator Awards

The CG Young Investigator Award encourages young investigators in the field of sleep and awards a travel grant of up to \$1,000 to each recipient per year. Sponsored by the World Sleep Society.

Antonella Barbieri (Italy)

The long-term clinical outcome of pediatric narcolepsy type 1

Presented in: O-01: Circadian medicine across pediatric populations

Ming Yang (China)

Unravelling the inflammatory signature of pediatric obstructive sleep apnea: Connecting upper airway and circulation

Presented in: O-02: Pediatric sleep disordered breathing: Mechanisms, outcomes, and interventions

IPSA New Investigator Poster Awards

Poster abstract recipient winners receive an award of \$500.

Alina Marinca (United Kingdom)

Sleep disturbance as a transdiagnostic marker of children's mental health difficulties: A network analysis of item-level associations between different types of sleep problems and different behavioural and emotional symptoms

Kasey Fullwood (Australia)

The impact of sleep problems on daytime functioning outcomes in children with neurodisability and their caregivers

Isha Shin (Australia)

Understanding sleep disruption in hospitalised children: an Australian mixed-methods study

Lucy Wolfe (Ireland)

Sleepless Inheritance. An Interpretative Phenomenological Analysis of Continuity, Change, Maternal Adequacy and Moral Decision-Making around Infant Sleep in Irish Mother-Daughter Dyads.

3. IPSA 2028



On Behalf of the IPSA Board

